



Team Time

The two new members of your **Shakespeare Quaranteam** are shown here in their home offices, creatively working to keep our high level of service virtually

seamless. *Virtually* - get it?

We are doing our best to practice Social Distancing and doing lots of handwashing during these times to try to protect the most vulnerable among us. We hope you are yours are all staying healthy, as well.

Shakespeare Updates re COVID-19 Times

DID YOU MISS ANY OF OUR COVID-19 BLOGS? No worries. Here are the links:

- [Are you Getting a Rebate? Where will it be Sent?](#)
- [CARES Act of 2020 Summary](#)
- [Make Timely Tax Payments to Avoid Penalties](#)
- [Market Update + Interest Rates + Mortgage Rates + Corona Virus](#)
- [Have US Stocks Risen Too Far and Too Fast?](#)
- [SECURE Act Tax Law](#)

DID YOU MISS ANY OF OUR VIDEO UPDATES? We have links for these too:

- [CARES Act Overview for Business](#)
- [CARES Act Overview for Individuals](#)
- [Dissecting a Financial Crisis](#)
- [Market Update and Economic Perspective](#)

Next Up:

Online Workshops for Pandemic Recovery

In May, we are offering a series of online workshops to address money and investing in a post-COVID world, to include:

- Dealing with Market Volatility and Investing Post-COVID
- Financial Planning To-Dos Post-COVID
- CARES Act: Tax implications and planning opportunities stemming from the CARES Act.

Stay tuned for details!



Hike for Hope 2020

We hope you will join us for **Hope Street Ministry's 2nd Hike for Hope on June 20th!** Gather your family members, friends and dogs for a hike through beautiful Nashotah Park.

This year, **Shakespeare** is sponsoring the hike; and all proceeds will support building **Shechem**, a 3-story community center for people living in Hope Street housing and the surrounding area (26th and Capitol Drive in Milwaukee).

Learn more about [Hope Street Ministry](#) and all of the great things they are doing in a not-so-great area of Milwaukee.

Please hike with us. We really want to support an event that is accessible to

more of our clients and friends (not a hard physical challenge). **RSVP to let us know you [signed up online!](#)**



Habitat for Humanity

We hope to be participating in a Waukesha Habitat for Humanity build date this year. If you've participated with us in the past, you know how much fun it is. If you haven't, you should find out this year.

While they have suspended construction during this pandemic, we are hoping for an early September volunteer day. More info to come as it becomes available.



Brain Teaser

What is special about these three words?:

- * Job
- * Polish
- * Herb

Answer at the bottom of this newsletter!

Blog | View from the Lake



ARE YOU GETTING A REBATE? WHERE WILL IT BE SENT?

Are you getting a rebate and where will it be sent? Now that Congress and the President have authorized the payment of Tax Credit Rebates to many taxpayers, the questions we have been hearing the most are: Am I eligible and where will the payment be sent? Fortunately, the IRS and the Treasury Department [...] [Read More](#)



CARES ACT OF 2020 SUMMARY

Overview of the Coronavirus Aid, Relief and Economic Security Act of 2020 (CARES Act) The global impact of the novel Coronavirus (COVID-19) has been significant. This global pandemic, as declared by the World Health Organization,

has brought the economies of countries around the world to a grinding halt, as the world comes together to try [...] [Read More](#)

A portrait of a man with short dark hair, smiling, wearing a dark suit jacket, a light blue shirt, and a dark patterned tie. The background is a plain, light grey color.

Brian's Tip of The Month:

How to find information on your Economic Impact Payments

Many people have started to get their Economic Impact Payments. However, there are still many that have yet to receive it. Do you want to check the status of your payment? Do you need to provide or update your direct deposit information or mailing address?

If you answered “yes” to any of these questions, go to:

<https://www.irs.gov/coronavirus>. You can do all of the above and more at the IRS’ newly created website for all things Coronavirus-related.

Out and About



Nick's kids "Chalking the Walk" to brighten the days of passersby.



Ryan practicing Social Distancing at the grill.



Colleen and friends staying connected while doing Zoom - Youtube boot camp workouts! If you don't know how to use Zoom to connect with family and friends, let us know!



Just one of many trees that **Kevin** has been busy planting at his home during the Covid Quartine.



Andrea's husband, Chad, has been busy removing buckthorn from their yard. No time like a safer-at-home order to take care of the yard work!

Health, Wealth & Happiness

Health, happiness and wealth depend on each other. To reach your goals of a happy retirement, do not overlook the value of a healthy retirement. More than 80% of today's retirees say health is the most important ingredient for a happy retirement (valuing good health even over financial security).

The COVID-19 virus is sparking anxiety across the globe. It has us making changes to our daily routines, washing our hands more often, practicing social distancing and even quarantining ourselves. All of these changes can feel overwhelming, but keeping healthy can be one of the best ways to protect yourself during this pandemic.

April's Tip for a Happy Retirement - Five Simple Steps

(from Chopra.com | By Naima Pettigrew, Journalist, TV Producer, Holistic Healer)

1. Keep It Simple

Having a simple plan for your daily activities during this time will help curb anxiety. If you'll be working from home, prepare a space for yourself to work. Avoid working in bed, or in front of the TV as it can create distractions and increase anxiety. It can also be helpful to keep your usual morning routine. Don't stay in your pajamas all day just because you can. Get up, take a shower, and change your clothes before you get to work. Having a good chair is also something you don't want to overlook. Maintaining good posture is important for your physical health, as it will affect your productivity.

2. Eat Healthy

Working or being confined in your home can certainly disrupt your eating schedule. When you're in your typical routine, you will often eat breakfast, lunch, and dinner at or around the same time every day. But when you're working with the fridge just a few feet away, it can spark some unhealthy eating habits.

Preparing your meals ahead of time, especially while confined to your home, will keep you on schedule with your typical eating habits. Snacking is inevitable when you're home all day, so in addition to prepping your meals, make sure you stock up on healthy snacks like fruits and salads so you can snack guilt-free while also protecting yourself from COVID-19.

3. Drink Water

Drinking water is vital! It is one of the best things you can do for your health in general but during this time, it's even more important. Set a goal to drink at least eight glasses of water every day. Keep a glass of water near you at home to help you stay on track. Increasing water intake supports your immune system which will help you stay healthy and strong.

4. Take a Walk

While COVID-19 has people avoiding crowded public places, getting out of the house is critical to your mental and physical health. Take a walk. Having the sun on your skin not only provides the key nutrients you need to keep your immune system strong but it also stimulates your brain and senses, causing you to feel more joy and bliss.

Maintaining your exercise routine is also key. Instead of going to a public yoga class, watch a yoga flow video on YouTube and turn your living room into your personal gym. You can easily do squats, jumping jacks, sit-ups, stretch, and jog in place at home to keep your heart healthy and your body limber while you're cooped up in the house.

5. Get Enough Sleep

Sleep is critical to keeping yourself healthy. While it may seem like you can stay up all night, breaking your sleep habits can also compromise your immune system. Try to maintain your usual sleep schedule or improve upon it. Get seven to eight hours of sleep every day. It will not only keep your immune system strong, but it will also improve your attitude and productivity during the day.

The most important thing you can do for your mental and physical health during this time is to **stay calm**. Meditate to calm your mind, focus only on the things you can control, and have faith that you're prepared to keep yourself and your space as healthy as possible.

***Note:** *The information in this article is not a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health providers with any questions you may*

have regarding a medical condition and before undertaking any diet, supplement, fitness, or other health

Brain Teaser Answer

TEASER:

What is special about these three words?:

- * Job
- * Polish
- * Herb

ANSWER:

They are pronounced differently when the first letter is capitalized.